



# OVERLOOK RESTAURANT

TAKE OUT MENU

Call 203-0000 x 1

JUNE 2010

# STARTERS

## CHIPS AND SALSA

*Tri-colored tortilla chips with house made salsa*  
\$3.99

*With Queso \$5.99    Tableside Guacamole \$6.99*

## CREAMY SPINACH AND ARTICHOKE DIP

*Served with crispy tri-colored tortilla chips*  
\$7.99

## NACHOS GRANDE

*Tri-colored tortilla chips topped with blended cheeses, pico de gallo, jalapeños, black beans, olives, queso, sour cream and guacamole*

*Plain \$6.99    Ground Beef \$7.99    Chicken \$8.99    Sirloin \$9.99*

## VALLEY TACOS

*Two hard or soft shell tacos served with blended cheeses, lettuce, avocado, pico de gallo and salsa*  
*Ground Beef \$5.99    Chicken \$6.99    Tilapia \$6.99*

## ULTIMATE QUESADILLA

*Pico de gallo, bacon, blended cheeses, jalapeños in a jalapeño-cheddar wrap*  
*Plain \$6.99    Chicken \$8.99    Sirloin \$9.99*

## POTATO SKINS

*Crispy fried potato wedges with applewood bacon, blended cheeses, sour cream and salsa*  
\$5.99

## VEGETARIAN QUESADILLA

*Portabello mushrooms, grilled vegetables, chipotle creme fraiche, flour tortillas and a poblano field green salad*  
\$7.99

## BONELESS BUFFALO WINGS

*Served with celery sticks, creamy blue cheese dressing and glazed with your choice of hot or barbecue sauce*  
\$7.99

## CRISPY DIM SUM

*Pork and shrimp dumplings served with a sweet chili sauce and an Asian fry salad*  
\$7.99

## CHICKEN TAQUITOS

*Lightly fried chicken rollups with guacamole, sour cream, shredded lettuce and pico de gallo*  
\$8.99

## THE VALLEY SAMPLER TRIO

*Choose three appetizer selections with accompanying sauces*  
\$10.99

# SOUP AND SALADS

## SOUP DE JOUR

Cup \$3.99 Bowl \$5.99

## HOUSE SALAD

Spring mix with julienne vegetables, parmesan cheese and croutons  
Dinner Salad \$3.99 Soup and Salad Combo \$6.99

## WARM HAZELNUT CRUSTED GOAT CHEESE SALAD

Mixed greens, pecans, asparagus, candied apples, grape tomatoes  
and a raspberry vinaigrette

Plain \$5.99 Chicken \$7.99 Salmon \$9.99

## BABY SPINACH SALAD

Strawberries, crumbled blue cheese, shaved red onion,  
crispy applewood bacon, egg and warm bacon vinaigrette

Plain \$5.99 Grilled or Blackened Chicken \$7.99 Shrimp \$9.99

## GRILLED ATLANTIC SALMON SALAD

Mixed greens tossed with red onions, cucumbers, sliced almonds, feta cheese  
with a balsamic vinaigrette

Plain \$5.99 Chicken \$7.99 Grilled Shrimp \$9.99 Grilled Salmon \$9.99

## HOT HOUSE TOMATO AND BUFFALO MOZZARELLA SALAD

Spring mix, grilled asparagus, basil pesto sauce and balsamic vinaigrette

Plain \$5.99 Chicken \$7.99 Grilled Shrimp \$9.99 Grilled Salmon \$9.99

## GRILLED CAESAR SALAD

Chopped romaine, parmesan cheese, croutons and creamy caesar dressing

Plain \$5.99 Chicken \$7.99 Shrimp \$9.99 Sirloin \$9.99

## TACO SALAD

Romaine, black olives, black beans, red onions, jalapeños, pico de gallo and  
blended cheeses in a crispy tortilla basket

Ground Beef \$7.99 Chicken \$8.99

## COBB SALAD

Minced bacon, shaved egg, avocado, blue cheese crumbles, diced tomato and a poblano ranch dressing  
\$8.99

## SHADOW VALLEY WEDGE SALAD

Ancho marinated sirloin, roasted corn, roasted red peppers, balsamic glazed onions, oven roasted tomatoes,  
cilantro, ancho spicy polenta croutons and chipotle ranch over a wedge of romaine

\$9.99

Salad dressing selections: Balsamic Vinaigrette, Raspberry Vinaigrette, Blue Cheese, Honey Mustard,  
Ranch, Fat-free Ranch, Italian, French, Poblano Ranch, Chipotle Ranch and Thousand Island

SVCC Bar & Grill accepts credit or debit cards only. An 18% gratuity will automatically be added.

# GOURMET PIZZAS

NEW

## MARLEY ISLANDER PIZZA

Housemade thin crust pizza with chicken strips, bacon pieces, diced pineapple, bbq and marinara sauce topped with cheddar cheese

Medium \$10.99 Large \$12.99

NEW

## THE BIG EASY PIZZA

Blackened shrimp, chicken, andouille sausage, mozzarella cheese, creole tomato sauce with parmesan and parsley on a whole wheat crust

Medium \$10.99 Large \$12.99

## THE VEGETARIAN ZONE

Peppers, onions, mushrooms, black olives, cherry tomatoes, spinach, mozzarella, provolone, parmesan cheese and alfredo sauce on a sundried tomato whole wheat crust

Medium \$10.99 Large \$12.99

## YOUR OWN PIZZA TRADITIONAL PIZZA

Sausage, hamburger, pepperoni, peppers, onions, olives, pineapples, mushrooms, canadian bacon, and jalapeños

Small 2 topping \$6.99 Medium 2 topping \$8.99 Large 2 topping \$10.99

Additional Toppings .50 each

# SANDWICHES

## SV CLUB SANDWICH

Served on choice of bread with sliced turkey and ham, swiss and cheddar cheese applewood smoked bacon, lettuce, tomato and mayonnaise

\$8.99

## PAR 3 CHICKEN SANDWICH (CREATE YOUR OWN UP TO 3 INGREDIENTS)

Grilled chicken breast (blackened or lemon pepper seasoning optional) on a toasted kaiser bun

- Cheese • Applewood Bacon • Forest Ham • Avocado
- Guacamole • Mushrooms • Sautéed Onions • BBQ Sauce

All chicken sandwiches are served with lettuce, tomato, pickles & onions. Herb mayonnaise available

\$8.99

## PAR 3 BURGER (BUILD YOUR OWN UP TO 3 INGREDIENTS)

Charbroiled half-pound patty on a toasted kaiser bun

- Cheese • Applewood Bacon • Avocado
- Guacamole • Mushrooms • Sautéed Onions • BBQ Sauce

All burgers served with lettuce, tomato, pickles and onions. Herb mayonnaise available

\$9.99

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# SANDWICHES

## **PECAN-GRAPE CHICKEN OR TUNA SALAD AS A SANDWICH OR WRAP**

*Served on choice of bread or grilled tortilla with lettuce and tomato*

\$8.99

## **SMOKED TURKEY SANDWICH**

*Sliced smoked turkey and monterey jack cheese on grilled sourdough bread with roasted red pepper marmalade*

\$8.99

## **GRILLED AHI TUNA BURGER**

*Sliced avocado, pickled ginger, wasabi mayonnaise and orange soy vinaigrette field greens*

\$10.99

## **BUFFALO CHICKEN AVOCADO WRAP**

*Crispy or grilled chicken, blended cheeses, applewood bacon, lettuce, tomato, herb mayo and wing sauce wrapped in a jalapeño cheddar tortilla*

\$9.99

NEW

## **THE VALLEY'S TRILOGY MINIS**

*Grilled sirloin sliced with ancho bbq, pepperjack cheese and caramelized onions. Grilled tuna burger with sliced avocado and a Grilled house grinded burger with bacon mushroom and cheddar cheese*

\$10.99

## **GRILLED SHRIMP AND FETA CHEESE WHEAT WRAP**

*Grilled shrimp, feta cheese, romaine lettuce and raspberry vinaigrette*

\$9.99

## **SV FRENCH DIP**

*Sliced prime rib, caramelized onions and swiss cheese on a hoagie bun with a side of au jus*

\$9.99

## **ANCHO MARINATED SKIRT STEAK WRAP**

*Grilled skirt steak, pepperjack cheese, pico de gallo, caramelized onions and chipotle ranch dressed field greens*

\$9.99

## **SHADOW VALLEY TURKEY REUBEN**

*Sliced smoked turkey, sauerkraut, swiss cheese and thousand island dressing on pumpernickel rye bread*

\$8.49

## **SOY MARINATED GRILLED TURKEY BURGER**

*With balsamic glazed grilled onions, basil pesto mayo and field greens with a cranberry vinaigrette*

\$8.99

**ALL SANDWICHES ARE SERVED WITH YOUR CHOICE OF ONE SIDE ITEM:**

*Beer-battered onion rings, french fries, seasonal fruit, cottage cheese, coleslaw, house-made potato chips or pasta salad.*

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# ENTREES

SERVED AFTER 5:00 PM DAILY

*ALL ENTREES COME WITH YOUR CHOICE OF CUP OF SOUP DU JOUR OR HOUSE SALAD*

## **CHEF'S HEALTHY PASTA**

*Whole wheat penne with leeks, asparagus, trumpets, zucchini, yellow squash and wilted greens in basil parmesan pesto with fresh parmesan cheese*

*Plain \$11.99 Chicken \$13.99 Shrimp \$15.99*

NEW

## **PARMESAN CRUSTED CHICKEN BREAST PAPPARDELLA PASTA**

*Roasted corn, zucchini, yellow squash and fresh basil tomato marinara cream*

*\$14.99*

NEW

## **BBQ BRAISED FLORIDA GROUPER**

*Pineapple leek risotto, wilted chard, warm bacon, avocado, mango salsa and passion fruit butter*

*\$19.99*

NEW

## **GRILLED BOURBON SMOKED SALMON**

*Sweet potato truffle parmesan fries, grilled zucchini and lemon cucumber dill cream*

*\$17.99*

NEW

## **SMOKED HOUSE-BLENDED HALF RACK OF BABY BACK RIBS**

*Parmesan truffle pomme frits, grilled scallions and bourbon house bbq*

*\$18.99*

NEW

## **AMERICAN KOBE HOUSE CUT SIRLOIN**

*Truffle whipped Wasabi mashed potatoes, roasted assorted root vegetables, local Swedish Farms shiitake madeira demi*

*\$22.99*

NEW

## **CRAB CRUSTED TENDERLOIN OF BEEF**

*Sweet whipped truffle parmesan fries, asparagus, roasted grape tomatoes and spinach medley, tarragon roasted shallot sabayon*

*\$24.99*

NEW

## **TUNA TWO WAYS**

*Wasabi mashed potatoes, wilted spinach with uzo dressing and*

*Avocado plebeian ragu with white tamari sweet chili essence*

*\$18.99*

# KIDS MENU

AGES 12 AND UNDER

GRILLED CHEESE SANDWICH\*

\$3.99

HOT DOG OR CORN DOG\*

\$3.99

HAMBURGER OR CHEESEBURGER\*

\$3.99 With Cheese \$4.49

SPAGHETTI AND MEATBALLS

\$3.99

MACARONI AND CHEESE\*

\$3.99

FISH AND CHIPS

\$3.99

HOMEMADE CHICKEN STRIPS\*

2 Piece \$3.99 3 Piece \$4.99

BUILD YOUR OWN PIZZA WITH TWO TOPPINGS

\$3.99

GRILLED CHICKEN BREAST OR GRILLED SIRLOIN

WITH MASHED POTATOES AND CORN

\$5.29 or \$7.49

\*SERVED WITH:

Fries, Homemade Chips, Fruit, Pasta Salad, Coleslaw or Macaroni and Cheese

DRINKS

Coke, Coke Zero, Diet Coke, Sprite, Dr. Pepper, Diet Dr. Pepper, Root Beer,  
Lemonade, Fruit Punch, Milk

\$1.49

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# BREAKFAST

SATURDAY AND SUNDAY 8:00 AM TO 11:00 AM

## \*PANCAKES AND WAFFLES\*

All served with syrup and choice of side:  
Maple Applewood bacon, sausage links or a fruit cup

### LEMON ALMOND PANCAKES

with honey whipped cream

\$6.99

### BLUEBERRY PANCAKES

\$6.99

### SHORT STACK

With choice of whipped cream, belgium chocolate  
or sliced strawberries

\$5.99

### THE OVERLOOK WAFFLE

With choice of whipped cream, belgium chocolate  
or sliced strawberries

\$5.99

## \*SANDWICH AND WRAPS\*

Served with a cup of fresh fruit

### THE OVERLOOK BREAKFAST SANDWICH

With ham, two eggs, American cheese  
on grilled sourdough and your choice of Maple  
Applewood bacon and or sausage links

\$6.99

### THE WORKOUT EGG WHITE WHEAT WRAP

Five egg whites with tomatoes, peppers, onions  
and pico de gallo served on a toasted wheat wrap

\$5.99

### THE OVERLOOK BREAKFAST BURRITO

Diced Maple Applewood bacon, sausage  
and pico de gallo

\$6.99

## \*BREAKFAST SPECIALTIES\*

All breakfast specialties served with choice of two:  
Maple Applewood bacon, sausage links, breakfast  
potatoes, toast or a biscuit

### PAR 3 OMELET (CHOOSE 3)

Jalapeños, onions, tomatoes, peppers, ham, Applewood  
bacon, mushrooms, diced chicken or blended cheeses

\$8.99

### BISCUITS AND GRAVY

Housemade biscuits and peppered gravy with sausage,  
bacon and your choice of eggs

\$7.99

### THE OVERLOOK EGGS BENEDICT

Two poached eggs, thinly sliced canadian bacon,  
english muffins, truffle whipped hollandaise sauce  
and grilled asparagus

\$9.99

### EGGS ANY STYLE

Two eggs cooked to your specifications  
(Over easy, over medium, over hard, basted,  
poached or scrambled)

\$6.99

### HUEVOS RANCHERO'S

Two flour tortillas with two eggs cooked to your  
speciation. Black bean puree, roasted tomato salsa,  
pepperjack cheese, sour cream and guacamole

\$10.99

### ANCHO MARINATED SKIRT

#### STEAK AND EGGS

8oz Grilled marinated skirt steak topped with  
pico de gallo, pepperjack cheese and two eggs cooked  
to your specifications

\$11.99