

#### A MASTER PLANNED COMMUNITY

## An Extraordinary Lifestyle

#### THE NEWSLETTER

### Events Galore

3™ Annual BBQ Competition

> Kids Cooking Classes

Multiple Club Champioships Golf Tournaments

Parent-Child
Golf Tournament

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S HOWCASE Of HOMES

Benefiting



We are Pleased to
Announce The Inagural
Shadow Valley
Showcase Of Homes
Featuring Seven
Furnished and Decorated
New Homes

APRIL 4<sup>™</sup>-13<sup>™</sup>, 2008

Benefiting

THE OZARK CHAPTER
OF THE
SUSAN G. KOMEN
FOUNDATION

### September 2007

SUSAN G. KOMEN COFFEE @ THE CLUBHOUSE

9/18/07 10:00 - 11:30 AM

6:00 - 7:30 PM

We will be hosting a Komen Coffee at the Clubhouse on Tuesday, September 18<sup>™</sup>.

This is open to all SV members interested in getting involved.



Courtesy RSVP by Monday, September 17<sup>±1</sup> with the Welcome Center at 203-0000 x 1 or svcc@shadowvalleyinfo.com.



#### Community News & Notes

#### Welcome Center 479-203-0000 x o svcc@shadowvalleyinfo.com



#### **DEVELOPMENT UPDATE**

Lots Sold: 483

Lots Under Contract: 50

Lots for Sale: 122

Total Developed Lots: 655

Lots To Be Developed: +/- 270

New Homes Sold: 444

New Homes for Sale: 28

#### **Dogs**

All dogs must be on a leash whenever they are off your property.

Please be mindful of your dog's tendency to bark and be respectful toward your neighbors.

Pick up after your dogs anywhere other than your own property.

Rogers Animal Control (621-1196) will be called to pick up any stray dogs.

#### TRASH / RECYCLING

Please be mindful of your neighbors and watch your trash and recycle bins. Keep the level of trash or recycled items below the rim to help keep the trash inside the containers.

Our trash day is Friday unless otherwise specified. Bulk trash day is the fourth Friday of each month.

Any questions, please call Inland Service Corp. at 878-1384.

#### LAWN CLIPPINGS & DEBRIS

Lawn clippings and other yard waste are the responsibility of the property owner to remove without blowing, sweeping or otherwise disposing of on streets, common areas or any other areas within the development. Bags are available at Inland Service Corporation at 3507 N. Arkansas Street in Rogers.

#### RESALE HOMES

ON

#### www.SHADOWVALLEYINFO.com

All Shadow Valley Resale Homes included in the Multiple Listing Service (MLS) are now included on www.shadowvalley.com under the heading of Resale Homes without any action required by the Homeowner or Realtor. All Homeowners listing their homes for sale should encourage Realtors to use the Welcome Center and other SVCC facilities just as they do for new homes.

#### COMMUNITY SIGN POLICY

The Covenants, Conditions & Restrictions (CCR's) for the Community limit signing to "one professionally made sign per Lot of not more than six (6) square feet advertising a Dwelling for sale or lease". Authorized signs shall be placed in the front yard. All other signs require approval.

# "18 MPH" "STOP" "GOLF CART X-ING"

For the Safety of Your Fellow Members and Neighbors, (Especially, The Many Children In the Community!)

## OBSERVE THE TRAFFIC RULES!

## **GATEHOUSE 203-0135**

Please proceed slowly and be prepared to stop when entering or exiting the community for the safety of the staff and to allow them to read your vehicle sticker.

We have had several near accidents involving Gatehouse personnel, and gates broken recently due to excessive speed, failure to stop, "piggybacking" behind other cars, etc.

#### YOUR COOPERATION IS EXPECTED!

#### SVCC News & Notes

#### Welcome Center 479-203-0000 x o svcc@shadowvalleyinfo.com



#### STAFF DIRECTORY

**General Manager** Rich Reaves 903-4141

Director of Food & Beverage

Pamela Kruse 203-0000 x 6

**Director of Golf** 

John Flores 203-0000 x 2

**Director of Tennis** 

Melissa Kelly 203-0000 x 3

**Director of Fitness** 

Bruce Williams 203-0000 x 4

#### **SVCC NUMBERS**

Welcome Center 203-0000 x 0

The Overlook 203-0000 x 1

Golf Shop 203-0000 x 2

Tennis Shop 203-0000 x 3

Fitness Center 203-0000 x 4

Children's Act. Ctr. 203-0000 x 5

GM's Office 203-0000 x 6

Golf Course Superintendent's Office 203-4076

## CLUBHOUSE HOURS OF OPERATION

The clubhouse will be open 8:00 AM to 10:00 PM 7 days a week. These times are subject to change when special events, leagues, weather, etc. warrant.

See the department sections for specific hours or call 203-0000 x 0.

Check www.shadowvalleyinfo.com for closing information.

Note: When the clubhouse is closed, all SVCC facilities are closed as well.

#### MEMBERSHIP INFORMATION

Fees and dues excluding taxes:

Membership Type	Initiation Fees	Monthly Dues
Social	\$1,000	\$85
Tennis	\$2,250	\$145
Golf	\$5,000	\$275

Transfer Fee: \$100

Upgrades: Contact the Welcome Center for more details.



#### PAYMENT POLICY

There are two options for purchases at SVCC:

- Utilize the credit card that you registered with SVCC to be kept "on file."
- 2) Present a credit card at the time of transaction.

If you do not have a card on file or would like to add a card, please stop by the Welcome Center.

#### COMMENTS & SUGGESTIONS

If you have any comments or suggestions, please contact the GM's Office at 203-0000 x 6 or qm@shadowvalleyinfo.com.

#### CHILDREN'S ACTIVITY CENTER

The Children's Activity Center now has what the bigger kids have been looking for...Games and more games! We have added 2 new televisions with a Sony Play Station 2 on one and a Nintendo Gamecube with plenty of games.



The feedback has been tremendous from the kids, parents and staff alike.

We are looking to improve the entire experience and we need your help with the following:

- Please allow enough time to sign all kids in and inform us of anything we should be aware of relative to your child.
- Please DO NOT bring in any sick children (if they have a fever or are otherwise ill, you will be contacted to pick them up).
- Make sure the children in diapers are "changed" prior to entering the CAC and provide additional diapers in their bags.
- Leave "personal" toys or other such items at home.

#### CAC REMINDERS

- You must be on SVCC Clubhouse property to leave your child in the Children's Activity Center.
- •Absolutely NO outside snacks/ food will be allowed inside the Activity Center. Many children have allergies to certain foods (most commonly peanuts). In an effort to minimize this problem, our snacks are limited to Cheerios and Goldfish and we do not allow any food items to be brought into the CAC.



•Sign In/Out: Please remember to sign in your child's FIRST & LAST NAME as well as your SVCC location (fitness, tennis, golf, restaurant, etc.).

Please remember to pick-up the children prior to closing time. It is not the responsibility of the Overlook staff to go get the children or the CAC staff to go get the parent / guardian.

• Feeding Policies: CAC personnel will only bottle/sippy cup feed infants and toddlers. No solid baby foods.

#### Welcome Center 479-203-0000 x o svcc@shadowvalleyinfo.com



# SVCC 3<sup>RD</sup> Annual BBQ Competition

Saturday, Sept. 15<sup>TH</sup>
5:00 AM to 10:00 PM
Judging at 6:00 PM
Dinner will be served
at 6:15 PM

THE TAKE COVER BAND

WILL BE PERFORMING

Watch the Razorbacks defeat Alabama!

#### **Competition Categories:**

- Brisket
- •Chicken
- •Ribs
- •Dessert Bake Off (Entries Turned in by 2:00 PM)

The Grillers will be starting at 5:00 AM.

ALL SVCC members are
welcome to come and
cheer on your neighbors
throughout the day!
We will have Football
Games as well as the
Razorback vs. Alabama
Game on the 12' Screen.
We will also have a Giant
Obstacle Course and Moon
Bounce for the Kids!

Please RSVP at the Welcome Center or at 203-0000 x 0 by Sept.15<sup>TH</sup>

Please contact Pamela Kruse for Details! 203-0000 x 6











1<sup>ST</sup>, 2<sup>ND</sup> & 3<sup>RD</sup>

#### **Barbecue Menu**

- Barbecued Pig
- More Chicken, Brisket and Ribs!
- Potato Salad
- Cole Slaw
- Baked Beans
- Lemonade
- Sweet Tea
- Brownies-Plus samples from the Dessert Bake Off!





**Moon Bounce** 



Men \$18.95 Women \$12.95 Children 7-12 \$10.95 Children 3-6 \$7.95 Children 2 & Under Free Grillers Free!

#### Overlook News & Notes

#### Jeremy & Pam Kruse 479-203-0000 x 1 overlook@shadowvalleyínfo.com



#### **DATES TO REMEMBER**

#### **S**EPTEMBER

Tue  $4^{\text{IM}}$  - Italian Style Family Buffet Wed  $5^{\text{IM}}$  - Birthday Dinner Night Sat  $15^{\text{IM}}$  -  $3^{\text{IM}}$  Annual BBQ Competition Sun  $30^{\text{IM}}$  - Kids Cooking Class

#### **O**CTOBER

Tue  $2^{10}$  - Country Style Family Buffet Wed  $3^{10}$  - Birthday Dinner Night Sun  $14^{11}$  - Kids Cooking Class Fri  $26^{11}$  - Adult Halloween Party Sun  $28^{11}$  - Fall Festival

#### November

Sun 4<sup>™</sup> - Kids Cooking Class Tue 6<sup>™</sup> - Asian Style Family Buffet Wed 7<sup>™</sup> Birthday Dinner Night Fri 9<sup>™</sup> Steak by the Ounce Night

#### **D**ECEMBER

Sun  $2^{10}$  - Kids Cooking Class Tue  $4^{11}$  - Mexican Style Family Buffet Wed  $5^{11}$  - Birthday Dinner Night Sat  $8^{11}$  - Santa's Workshop Sun  $9^{11}$  - Santa Brunch Tue  $11^{11}$  - Member Appreciation Mon  $31^{11}$  - New Years Eve Party

## KIDS COOKING CLASS SUNDAY, SEPTEMBER 30<sup>TM</sup>

Ages 5-8 1:00 - 3:00 PM Come hungry for Lunch Ages 9 & ↑ 3:30 - 5:30 PM

Ages 9 & † 3:30 - 5:30 Pl Come hungry for Dinner

\$15.00 / Class + Tax & Gratuity

#### Adult Halloween Costume Party

FRIDAY, OCTOBER 26<sup>™</sup>

Drink Specials throughout the Party!

There will be a Peoples Choice Award for Most Original Costume and Best Costume.

Get to know your neighbors and enjoy Dancing to the Music of Big Dog Entertainment.

21 and older only Please!

#### BIRTHDAY DINNER NIGHT

If your birthday is this month, please come in and have a meal on us. This is applicable to the member whose birthday it is and must be the current month. No rainchecks. Dine in only.

#### FALL FESTIVAL

SUNDAY, OCTOBER 28TH

The Costume Parade will start at Strathmore Station on the Corner Closest to the Gatehouse- We will begin the Parade at 2:45 PM so please be there and ready to walk!

The Fall Festival will begin at 3:00 PM and end at 5:30 PM.

This is going to be the best ever!! We are going to have Cotton Candy, Hot Dogs, Lemonade, Popcorn Hands.

There will be Plinko, Ring Toss, Fish for Candy, Face Painting, Cake Walk, Trackless Train, Moon House and a 18 foot slide. Make Your Own Wax Hands will also be available for an additional \$5.00.

We will also have a pumpkin decorating contest - decorate your pumpkin at home and bring it to the pumpkin judging area. There will be a Peoples Choice Award as well as a Best Pumpkin Award.

The Cost is \$15.00 per person.

Please RSVP at the Welcome Center by October 25<sup>™</sup>. Reservations are strongly suggested as space is limited.



#### FAMILY BUFFETS NIGHT

Back by popular demand! We are bringing back the family buffet on the first Tuesday of the month.

We understand how hectic your evenings are, so leave the cooking to us!

#### CHEF'S TABLE

Do you have a special occasion? Would you like to have your favorite meal prepared for you? Birthday/Anniversary/Baptism? Chef Jeremy will prepare a menu of up to five courses paired with wines for groups of up to 10.

For more information call Pam at  $203-0000 \times 1$ .

#### JUST ASK FOR IT!

The Overlook is NOT changing. We are however offering an opportunity for a more tranquil dining experience in other areas of the clubhouse based upon demand.

To arrange for your special dining experience, please call ahead and make arrangements with Pam at 203-0000 x 6.

#### REMINDERS / ETIQUETTE

You may love to hear your children yell about their favorite show, but the patrons at the next table might not.

Doting parents may find it a sign of budding testosterone that your little ones are wrestling over the crayons, but others don't.

Children need to be at the table with an adult at all times, this is for their safety and the enjoyment of all patrons.

Children are not permitted to be running around the clubhouse (inside or out) unsupervised.

Children in the CAC must be picked up by their responsible party prior to the closing time of the CAC.

Playing on the practice putting green and driving range is strictly forbidden.

#### GIFT CERTIFICATES

Overlook Gift Certificates are available at the Welcome Center in any amount you or your company might need or ask your server for more details.

#### Hours of Operation

Monday-Friday 11:00 AM - 10:00 PM

SATURDAY & SUNDAY 8:00 AM - 10:00 PM

- Coffee served daily at 8:00 AM in the Fitness Foyer.
- The kitchen closes at 9:00 PM.



#### SALMON WITH LEMON COUSCOUS RECIPE

#### **I**NGREDIENTS

#### • 1 lemon

- 1 Tbsp. olive oil
- 1 onion, chopped
- 1 cup frozen baby peas
- 1-3/4 cups water
- 1-1/4 cups plain couscous
- 1 lb. salmon fillets
- 1 Tbsp. olive oil
- 1/2 tsp. salt
- dash white pepper
- 1 tsp. dried dill weed

#### DIRECTIONS

Preheat oven to broil. Squeeze lemon juice from lemons and grate 1 tsp. zest; set aside. In heavy skillet, saute onion in olive oil until tender. Stir in peas, lemon juice

and water and Stir in couscous, pan from heat, minutes.

Brush salmon olive oil down, on broiler salt, pepper, and minutes per inch

and

from heat source. (Or, if using frozen prepared salmon fillets, bake or broil as directed on package.)

Serve salmon on couscous; sprinkle with lemon zest. Serves 3-4

#### AT A GLANCE

• Prep Time: 10 min

• Cook Time: 15 min

· Course: Entree

· Special: Easy, Quick, Few Ingredients, Nutrient Dense.

• Type Of Prep: Boil, Broil, Sauté.

• Cusine: U.S. Regional

 Occassion: Family Dinner, Party, Shower, Spring

#### **BALLET CLASSES**

Anyone interested should contact Bruce. Cost is \$45.

Classes every Wednesday Ages 3-5 4:00 - 4:45 PM.

Not sure if you have a little ballerina?

Try a class for free!



#### **TANNING**

If you want a golden brown tan come check out our tanning bed.

Family 30 day unlimited tanning \$45.00. Individual tanning 30 day unlimited \$25.00. Tanning available 5:30 AM - 8:00 PM.

Call Bruce to book your bed today!

#### CONSULT WITH A PRO

Why use a professional trainer? Accountability, safety, intensity, new training routines and nutritional advice are all reasons to use a professional trainer. Get a friend (or foe) and get started this month training toward a new body.

Please call Bruce for your FREE fitness one-time orientation.

## SEPTEMBER

bring to a boil.

and let stand for 5

fillets with 1 Tbsp.

place, skin side

pan. Sprinkle with

dill. Broil for 8-10

of thickness, 6"

remove

cover,

#### GROUP / AFROBICS CLASS SCHEDULE

There is a \$20.00 fee for members (\$30.00 for NON-MEMBERS). The fee covers a "Household" of unlimited classes for a month.

Inclement Weather Policy - If the Bentonville Public Schools are closed, all fitness classes and personal training sessions will be cancelled.

Day of	Start	Class	Class
Week	Time	Type	Location
Monday	9:00 AM	Yoga	Belfry Room
	9:00 AM	Boot Camp	Fitness Center
	6:00 PM	Yoga	Belfry Room
Tuesday	5:15 AM	Cycling	Belfry Room
	6:00 AM	Cycling	Belfry Room
	9:00 AM	"PUMP"	Belfry Room
	6:00 PM	Cycling	Belfry Room
Wednesday	9:00 AM	Yoga	Belfry Room
	6:00 PM	Yoga	Belfry Room
Thursday	5:15 AM	Cycling	Belfry Room
	6:00 AM	Cycling	Belfry Room
	9:00 AM	"PUMP"	Belfry Room
	6:00 PM	Cycling	Belfry Room
Friday	9:00 AM	Yoga	Belfry Room
Saturday	7:30 AM	Cycling	Belfry Room
	8:30 AM	"PUMP"	Belfry Room

MON - FRI

5:00 AM - 10:00 PM

FITNESS CENTER Hours

SAT - SUN

7:00 AM - 10:00 PM

#### FITNESS NEWS & NOTES

Bruce Williams Director Of Fitness 479-203-0000 x 4



#### CONGRATULATIONS LADIES!

Congratulations to four Shadow Valley women: Kimberly Fischel, Theresa Williams, Neile Jones-Batie and Char Johnson. They all competed and placed in the top five in their respective height classes in the Arkansas State Figure Championships held in Little Rock on August 25<sup>TM</sup>. Figure is an event that combines bodybuilding with beauty. The contestants are judged for muscle development in conjunction with graceful body lines and shape. The ladies all followed strict eating plans, endured two-a-day cardio workouts and months of grueling weight training. Shadow Valley had the most female competitors representing one Fitness Center! I'm very proud of all of them. Eat up ladies, you deserve it! Coming soon-check the Fitness Center for pictures showing their success!

#### FIT TIP OF THE MONTH

Over the past months many members have watched our Shadow Valley figure competitors get ready for their big show. I have been asked several times about what the ladies are doing to lose so much fat and get so lean. A few people have commented that the girls must not be eating. How else could they lose so much fat? In a quick summary: all the ladies followed very strict eating plans-all of the plans were tailored for their individual needs-however the calorie range was between 1200-1600 daily. As the contest got closer each plan did change to accommodate their needs, but the basics stayed the same. They all ate 5 to 6 times daily. They measured all foods. The daily plan included protein, carbohydrates and good fats (YES they ate FAT!). In addition they drank up to one and half gallons of water daily. If you want to get serious (and I mean serious) about losing fat weight come talk to me about a plan that WORKS! I have 4 ladies that will be happy to show you their final result pictures! By the way, I lost 25 pounds in 12 weeks following a similar plan.

#### **GOLF FITNESS**

LUNGE WITH A TWIST TO INCREASE GOLF SWING SPEED BY MIKE PEDERSEN
TRY THIS EXERCISE TO IMPROVE YOUR GOLF SWING SPEED AND ADD POWER

Most golfers are looking to improve their golf swing power, distance and golf swing speed in a search for longer drives. Unfortunately, many such golfers are looking in the wrong place. The senior golfer especially needs to look beyond the latest-greatest \$500 driver and look at the engine to improving golf swing speed and power. What is that engine? It's your body!

Your body dictates your golfing ability. There is no way around it. You've got to realize you're an athlete. A golfing athlete. Have you ever heard of an athlete not working on his/her body to prepare for optimal performance?

Golf weight training exercises are some of the quickest ways to improving your golf swing speed and power off the tee. Combining the golf strength of your lower body, core and upper body is an approach that will give you results rapidly.

I've got a golf exercise I include in most of my DVDs, books and my membership website that is very effective. I call it the Lunge With a Twist. This golf strength exercise combines the power in your lower body with the core rotational movement needed for maximum golf swing speed and distance.

Step forward with one leg while rotating your upper body to that side.

You'll notice in the photos I'm holding a weighted medicine ball. If you don't have one, you can hold a single dumbbell instead.

- Step 1: Assume a standing position with your arms straight and hanging down in front of you, holding your medicine ball or dumbbell.
- Step 2: As you step forward with one leg, rotate your upper body to that same side, holding the medball or dumbbell chest high the whole time.
- Step 3: Return to starting position and do the opposite leg.
- Step 4: Repeat each side 10 times for 3 sets.

If you are consistent with this exercise, you will see improvement in your golf swing speed, power and distance in a very short period of time.







#### www.shadowvalleytennis.com

Our website is a smashing success! If you haven't registered already, go to <a href="https://www.shadowvalleytennis.com">www.shadowvalleytennis.com</a> and click on the register button. Once you're registered, you can make online court reservations, enjoy daily e-mails about upcoming events and programs and become a member of our string center which allows you to access your string information from any computer and will remind you when to get your racquet restrung. Our online store allows our members to choose from a selection that easily rivals Tennis Warehouse. Members can select from all of the major brands such as Adidas, Reebok, Wilson and yes, NIKE!!!

#### TENNIS TIDBITS

- Thanks to *Scott Klane* and *Daisy Brand* for a spectacular junior mixer! Our juniors played some great tennis and received some awesome prizes including iPods and a Nintendo Wii!
- Sign-ups are posted for our fall session Junior Programs. With the addition of James Tyler, our new Competitive Junior Pro, juniors will have more class times to choose from! Just call or drop by the Tennis Shop to sign-up!
- Get ready for our *Margarita Mixed Troubles Mixer* coming Thursday, October  $4^{11}$ . Play will begin at 7:00 PM and will continue until 10:00 PM. Cost is \$20 per person and includes adult beverages, food and tons of tennis! Sign-ups will be posted September  $12^{11}$ .
- Come check out the Tennis Shop! We have new Nike merchandise arriving weekly! We even carry Nike shoes! If we don't have your size in stock, ask about our special order program.
- Remember, Combo season is just around the corner. Several teams are already completed, but we have many teams that need one or two more players. Call the Tennis Shop today for more information.

#### JUNIOR COMPETITIVE TENNIS

The Shadow Valley tennis staff is excited to announce the arrival of the new advanced junior program scheduled to begin this fall. The emphasis of this new initiative will be to provide tournament ready juniors with real matchplay situations, advanced tennis strategies, physical fitness and winning formulas all designed to unlock the best in every individual. The training regimen will be based upon the techniques and methodologies utilized in the "Competitive Edge" program at the John Newcombe Tennis Ranch and will be conducted under the supervision of our new Assistant Professional James Tyler, a former member of this prestigious academy. In addition to the physical aspects of tennis, it is our goal to stress the importance of teamwork, mental toughness and sportsmanship, as they are the most important lessons one can learn regardless of the profession one decides to pursue. In the future, it is believed that this program will serve as the foundation for the very first Shadow Valley Junior Tennis Travel Team. As a member of the travel team, individuals will be provided access to tennis tournaments taking place throughout Northwest Arkansas and beyond.

It is hoped that this new junior program will serve as a compliment to all of the excellent group and individual services provided by the tennis center. For more information regarding this program and registration, please contact the tennis center. We hope to see all members come out and support this new Shadow Valley program.

#### DIRECTOR'S SLICE BY MELISSA KELLY

When they want to improve their game, most players work on their mechanics. But what about footwork? You can have the best strokes in the world, but if your feet aren't there, you won't be able to use those beautiful strokes! Footwork is not designed to just "get you there," anyone can do that. Instead, you use footwork to get you into position to hit the ball in your strike zone. The strike zone is the optimal contact point for you to hit the best ball possible. The players on TV make hitting a ball look so easy because they achieve this strike zone more than your average player. If you focus on your footwork for just a couple of weeks, I think you will find that your mechanics automatically become better.

If you have any questions, please feel free to contact me or the Tennis Shop staff.

#### John Streacheck Golf Course Superintendent 479-203-0476



#### TEE TO GREEN FROM THE COURSE WHISPERER

The first thing that I would like to say this month is that I am truly sorry for the condition of the greens this past month. I know and understand that these playing conditions are not acceptable at Shadow Valley Country Club. My staff and I are working to understand what caused this rapid decline in the turf on the greens. We are looking at our cultural practices, our chemical spray program, our fertilizer applications, watering practices plus environmental conditions in, around and under our greens. It would be nice and easy to point a finger at one thing and say that such and such is the cause but I feel that that would be short sighted on my part. I have and continue to consult with other Golf Course Superintendents, chemical and fertilizer experts, Golf Course Architects, the Turf Professors at the University of Arkansas and many more on a regular basis.

All of the professors have been here to look at our situation. I have spoken to Jim Thomas of Thomas Turf Services who does soil analysis for golf courses. Mr. Thomas has samples of our greens mix so he knows the physical properties of the greens. One of the Golf Course Architects/Designers brought in to help me with some drainage questions that I have had about the greens and we have hired a company to video the drain lines under the greens. I feel like we have tried to look at all the different conditions that could have caused this problem and up to this point none of the people that we have consulted with have been able to put there finger on one specific item that if we were to change or have done differently would solve our problems. Because of this I have decided that we need to bring in a Greens Agronomist from the USGA to try and tie all these different ideas together and help us with a game plan to move forward with now and in the future. The person that is coming is Mr. Charles White, Senior Greens Agronomist with the USGA out of the Dallas area. At this time we are working out the details for the timing of his visit in September.

Mr. White along with the University of Arkansas professors agreed with our current plan of action which was to start the reseeding process. We have prioritized the greens and completed the initial seeding process. We will be going back selectively and cross seeding as the next phase of reseeding process. On the better greens we will decrease our seeding rate, but will go over the entire green. It is felt that we could continue to mow at .150 and monitor the new seeds response to this height of cut. We will also aerate our better greens after the Labor Day holiday with small ¼" tines then try to increase in size each month through November (weather permitting). As our newly seeded greens start growing in, we will then include them in the aeration process. It is important that we open up some new air channels for the greens to breathe better and to have a drier upper 2-3 inches.

We are slowly but surely removing the goosegrass out of the collars. We are also filling in the cutout areas with sand to make for a smoother hitting surface. We have patched some of the areas where we have had standing water in the fairways so hopefully that will look better and make for better playing conditions. We will continue with that task and with the job of leveling sunken water and drain lines on #12 fairway. At this time we are addressing the worst lines so that is why you see our crew skipping around the fairway. Upon completion on #12, we will continue this project throughout the course. At times there may be some uncovered ditch areas while we are waiting on a sod delivery. We will try to hold it to a minimum so that play will not be affected too much. So far we have been successful in cutting out the sod in most of the ditches without too much waste.

Again, I want to just let you know that I am working at correcting the problem on our greens. It is getting my fullest attention so that 2008 will be a better year. As we get more information or make decisions about what we have to do I will pass that on to you.









#### John Streacheck Golf Course Superintendent 479-203-0476



## WHERE SHOULD WE PUT THE BUNKER RAKES? Matt Nelson, USGA Agronomist - Northwest Region

Proper bunker rake placement requires a review of the Rules and common sense.

A common question asked of USGA field staff is, "Where should the bunker rakes be placed?" Although there is no Rule that specifies whether bunker rakes should be placed in or out of the bunkers, a miscellaneous Decision on the Rules of Golf sheds useful light on this topic. Decision Misc./2 recommends that bunker rakes be placed outside of bunkers in areas where

Decision Misc./2 recommends that bunker rakes be placed outside of bunkers in areas where they are least likely to affect play. The reason for this Decision has to do with Rule 24-1 and Rule 20-3d. If a ball comes to rest against a bunker rake, the rake may be treated as a moveable obstruction. This situation could occur where a rake is positioned on a steep slope,





it may not be possible to replace the ball on the original spot without it rolling away. It also is possible that all points of the bunker would be closer to the hole than the original position of the ball when it came to rest against the bunker rake, and there would be no other spot in the bunker to place the ball without being closer to the hole (see Decision 20-3d/2). Nothing in the Rules of Golf allows a player to press the ball into the sand to make it stay in position. Therefore, since the player could not place the ball in conformity with the Rules, he would proceed under the stroke-and-distance option of the unplayable ball Rule (Rule 28a), or, in equity (Rule 1-4), drop the ball outside of the bunker, keeping the point where the ball lay between himself and the hole, under penlty of one stroke.

Obviously, the ruling is much simpler when a ball comes to rest against a rake placed outside of the bunker. For this reason, placing the bunker rakes outside of bunkers results in cleaner and less costly rulings.

There is no perfect answer regarding the placement of bunker rakes. Some players will always argue that rakes outside of bunkers can deflect balls into the bunker. The maintenance staff that mows rough and green surrounds would surely rather see the rakes in the bunker. But when rakes are left in bunkers, they are commonly left near the edge of the bunkers where slopes are common and the ruling complications stated previously may arise. The best advice is to use common sense and place the rakes outside of the bunkers where they are least likely to affect the movement of the ball. Once the Committee decides where bunker rakes should go, the maintenance staff (and the golfers!) should be trained to put the rakes in the proper place.

Now, as bunkers are hazards, I suppose one great way to deal with this controversial issue would be to make one trip around the course with a pickup, collect all of the rakes, and . . . but this would be a whole new discussion, wouldn't it?

Golf courses have been very creative in placing bunker rakes to encourage golfers to use them, with both good and bad results.









#### COMMUNITY CARTS REMINDERS

MAINTENANCE - It is very important that your leased cart is maintained well. Therefore, if you are leasing a cart we REQUIRE that you brigng your cart in for monthly service. What we will do is check the battery water level, check the tire air pressure, and clean the cart. Your cart should be ready to be picked up within 24 hours.

#### DON'T BREAK YOUR LEASE AND LOSE YOUR CART!

You are in violation of your lease if you are:

- Strapping kids in the bagwell.
- Letting kids without a driver's license drive the cart.
- Allowing others (anyone not in your household) to drive your cart.
- Stopping at a house during a round to get food or beverages not purchased at or through SVCC.
- Driving anywhere on the course without first checking in at the Golf Shop prior to playing (and yes that includes at night)

If you have any questions regarding these or any other related questions, please contact the Golf Shop.





## LETTER FROM THE DIRECTOR John Flores / PGA Professional

What a busy season it has been. Record weekend rounds have been played this year. As most of you know tee times are a must for weekend play, thank you all for your diligence. We've also seen increased participation in nearly all of our events for Juniors, Ladies, Men and Couples. The Drive, Chip and Putt contest saw well over 100 kids compete. We also organized a ladies league that included a Ladies Member-Guest Tournament. Finally, the Men's Member-Guest added 6 teams this year. Thank all of you for your participation. It's not over yet though, check out our "Upcoming Events" section.

#### **UPCOMING EVENTS**

Sunday, Sep. 2<sup>™</sup>: Parent-Child Tournament

- Shotgun Start at 4:00 PM.
- 9-Hole Alternate Shot Format.
- \$10 Per Team.

Saturday, September 8<sup>™</sup> & Sunday, September 9<sup>™</sup>: Stroke Play Championship

- Tee Times Starting at 8:00 AM.
- 36-Hole Stroke Play. Net & Gross Winners.
- Overall Stroke Play Champion Is Gross Winner.
- \$25 Per Player.

Sunday, September 23<sup>RD</sup>: Couples Championship

- Shotgun Start at 11:00 AM.
- 18-Hole One Net Best Ball. Net & Gross winners.
- Overall Couples Champion is Gross Winner.
- \$15 Per Couple.

Saturday, September 29<sup>™</sup> & Sunday, September 30<sup>™</sup>: Senior Club Championship

- Tee Times Starting at 9:00 AM.
- 36-Hole Stroke Play. Net & Gross Winners.
- Overall Senior Club Champion is Gross Winner.
- \$25 Entry Fee
- Gold Tees. Blue Tees for 25+ Handicap

Sunday, September 30<sup>TH</sup>: Ladies Club Championship

- Tee Times starting at 11:30 AM.
- 18-Hole Stroke Play. Net & Gross Winners.
- Overall Ladies Club Champion is Gross Winner.

Saturday, October 6<sup>™</sup>: MGA Season Closer

Sunday, October 7<sup>™</sup>: Golf Awards Dinner

- Award Ceremonies and Dinner Start at 6:30 PM.
- Awards presentation for Junior Club Champions, Men's Club Champions, Couples Champion, Most Improved Male and Female Golfer and Member-Member Champions.

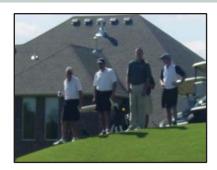
Sunday, November 5<sup>™</sup>: Fall Best Ball

- Shotgun Start at 11:00 AM.
- \$40 Per Player + Cart (Includes Prizes, Hole Contests and Lunch).
- Format is 4-Person Best Ball with Net and Gross Divisions.
- Open To All Golf Members and Their Guests. Members May Play In Any 4-Person Combination. For Example, With 3 Other Members, or With 3 Guests, or With 1 Guest and 2 Members, etc. Regular Guest Policies Apply.
- Reduced Guest Fee: \$32.50 + Tax (Includes 9-Hole Cart Fee).

#### **HANDICAP**

All SVCC golfers are encouraged to establish a USGA Handicap. The handicap system was established by the USGA to make the game more enjoyable enabling golfers of differing abilities to compete on an equitable level. All golfers who compete in SVCC & SVMGA events must have a USGA handicap.

Please use the handicap computer to check your scores and that of your fellow members. This is designed to allow for better "Peer Review" and Equitable Stroke Control.



#### REMINDERS / ETIQUETTE

All golfers must sign in at the Golf Shop prior to playing.

All beverages consumed on the golf course must be purchased through SVCC. Stocking up in the parking lot or during your round could result in loss of privileges.

Appropriate golf attire is required for practice and play.

Range bags and balls are SVCC property. Do not take them home or on the course!

#### GOLF NEWS & NOTES

#### Golf Shop 479-203-0000 X 2 golf@shadowvalleyinfo.com



#### HOLE-IN-ONE CLUB

Member: LeeAnn Kirby Date: Jun 9<sup>™</sup> Hole #: 8

Club Used: 10-Iron Yardage: 84 This is LeeAnn's second one on this hole!

Member: Mark Parlin Date: Aug 5<sup>™</sup> Hole #: 8 Yardage: 142 Club Used: PW This was Mark's 1st HIO at SVCC

Member: Stan Lucas Date: Aug 6<sup>™</sup> Hole #: 6 Yardage: 147 Club Used: 9-Iron This was Stan's first ever HIO! Member: Steve Wheelhouse

Date: Aug 26<sup>™</sup> Hole #: 6 Yardage: 148 Club Used: 6-Iron Steve's played a few rounds...this makes

it a hat trick for "Mr. Snake Eyes."



#### **GUEST PACKAGES & PLAY**

Regular fee is \$65.00 per guest. Consider purchasing a Guest Fee Gift Pack:

6 Pack \$342 (\$57 per quest) 9 Pack \$468 (\$52 per guest) 12 Pack \$540 (\$45 per quest)

Our goal is to serve our members and their guests in a professional, friendly manner. Remember:

- Benton and Washington county residents may only play 4 times per year as guests.
- SVCC Tennis or Social members may only play 4 times per year.
- Inform your guest about the dress code.
- · Always call ahead for a tee time.
- Inform the staff before your quests arrive if there are special instructions on how you would like to handle the auest fees.

#### **SVMGA**

Interested in joining the MGA, please talk with any MGA member or ask in the Golf Shop for



#### details.

#### THURSDAY NIGHTS

Thursdays starting at 5:30 PM will be our weekly 4-man team scramble events. participate, just call the Golf Shop **BEFORE 5:00** PM to be placed on a team.

#### MONDAY NIGHTS

Congratulations to TEAM Wissing (Tom Wissing) Woody White, Charles Vasil & Carlos Doubleday) for their victory over the *Team McNitt* in the Championship.

Monday Nights were a huge success and we are expanding our program next year. If you are interested, please let the staff in the Golf Shop know. We will get you on a team in 2008.

#### **UPCOMING EVENTS**

September 8<sup>™</sup> & 9<sup>™</sup> is the MGA Stroke Play Championship.

October 20<sup>™</sup> and 21<sup>™</sup> SVCC MGA will be hosting White Hawk Golf Club for

#### CLUB CHAMPIONSHIP RESULTS

CHAMPIONSHIP FLIGHT

1<sup>st</sup> Brien Agler 2<sup>№</sup> Jim Kirby

FIRST FLIGHT

1<sup>st</sup> Jon Harrell

2<sup>™</sup> Ron Talbot

SECOND FLIGHT

1st Mike Sweeney 2<sup>™</sup> Doug McConnell

THIRD FLIGHT

1<sup>st</sup> Vandy Cameron

2<sup>™</sup> Bart Allard



#### MEMBER-MEMBER RESULTS

CHAMPIONSHIP FLIGHT

1<sup>st</sup> Mark Phillips / Rich Reaves

2<sup>№</sup> Lee Dixon / Chris Shepherd

FIRST FLIGHT

1<sup>st</sup> Mike Sweeney / Ed Dyson

2<sup>™</sup> David Cosens / Robert Crane

SECOND FLIGHT

1st Ken MacDonald / Brian Fischel

2<sup>™</sup> Jason Slepecki / Dave Hesterberg

#### LADIES GOLE

Our Ladies League is Wednesday mornings at 9:00 AM. We are having a great time this year and encourage you to join.

The Ladies Club Championship will be held on Sunday, September 30<sup>™</sup>. Don't miss out on the 18-hole competition with gross and net winners!

#### SEPTEMBER HOURS

#### GOLF COURSE

MON - SUN: 8:00 AM - Dark SAT & SUN: 7:30 AM - Dark AFTER LABOR DAY

SAT & SUN: 8:00 AM - Dark

DRIVING RANGE / SHORT GAME AREA

MON - FRI: Opens @ 7:45 AM SAT & SUN: Opens @ 7:15 AM AFTER LABOR DAY

SAT & SUN: 7:45 AM - Dark

Sunday and Wednesday evenings the range will close at 5:00 PM. All other days the range will close at dark.

The Short Game Area closes 30 minutes before dark.